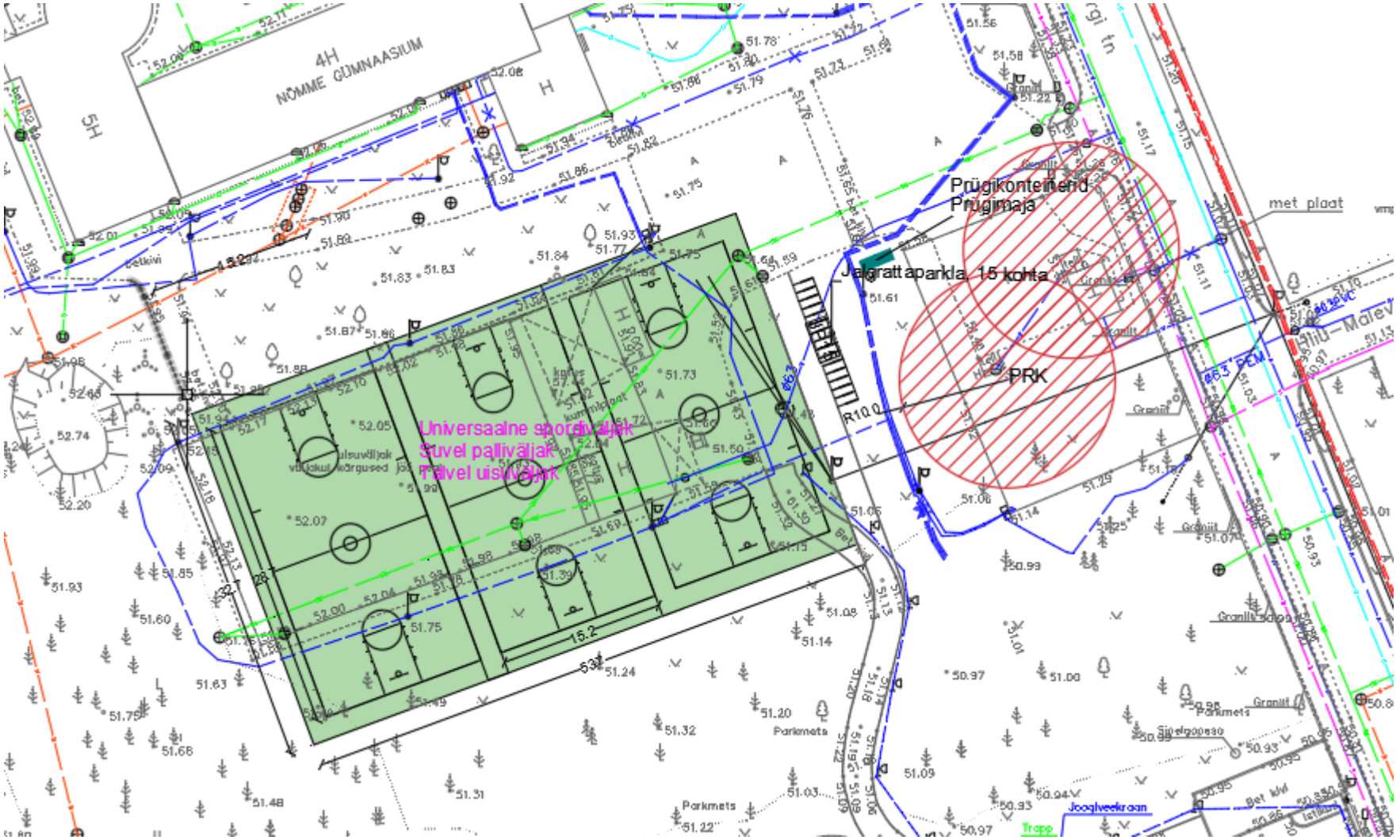LAHENDUSSKEEM