Annex 1 of the Regulations of

“The Strongest Firefighter Championship

of the Baltic States”

**PARTICIPANT’S DECLARATION**

**FOR THE STRONGEST FIREFIGHTER CHAMPIONSHIP OF THE BALTIC STATES**

I ,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_,

*(name and surname)*

being a participant of „***The Strongest Firefighter Championship of the Baltic States***“, to be held on 7th–8th of June 2024, declare that I am participating in the Championship of **my own free will**, that I have made a proper assessment of my physical abilities to participate in the Championship, that I am aware of the possible consequences of the increased physical exertion that I will be subjected to during the Championship, and that **I accept the risks of increased risk of injury and acute health problems**.

I hereby confirm that I am in good health and have not been advised by doctors not to participate in, or prohibited from participating in, events of a similar nature where there is an increased risk of health problems or injuries.

I also confirm that I will have no claim against the event organisers for any material or non-material damages (including, but not limited to, damages for injuries and/or impairment of health) sustained during the event.

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*(date, signature)*

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