

Technical description

The purpose of the procurement is to find a Tenderer who will carry out follow-up training in sexual counseling on the topics, conditions, and scope specified in the procurement contract documents.

The procurement is financed within the framework of the „2021-2027 Cohesion Policy Funds measure 21.4.7.9 „Services aimed at children and families are of high quality and meet the needs of families” grant conditions „Supporting children and families”, activity 2.2 Supporting children and their families with diverse needs”.

1. Purpose and target group of the training

The aim of the training is to provide the participants with broad-based knowledge and understanding of human sexuality and the spectrum of sexual behavior, as well as an overview of the theoretical foundations of sexually deviant behavior and assessment and intervention methods. As a result of the training, those who have completed it are sufficiently prepared to offer counseling on the topic of sexually deviant behavior in the internet environment.

The target group is psychologists, psychiatrists, psychotherapists, (mental health) nurses, physicians, and other healthcare professionals, specialists who provide sexual counseling services. The participants have previously completed the following:

- basic training for sexual counselors and/or they have completed sexual behavior training with a minimum volume of 400 credits/h (20 ECTS);
- at least a bachelor's degree in a social or health field;
- contributes or is willing to contribute to (internet) counseling as a sexual deviant behavior counselor.

2. Training content and requirements

The training takes place in a hybrid form on one or two consecutive days during 22 weeks, assuming that a maximum of two modules are completed in one calendar month. All modules must be completed by the beginning of September 2025 at the latest. Training days are conducted by eight academic hours. Modules I-V are lecture-type, and module VI is seminar-style, including group work. Modules I, III, IV, and V are conducted virtually. Modules II and VI are conducted in a classroom in Tallinn.

The Contracting Authority provides a suitable space for conducting classroom study days. The provider ensures a suitable environment for the online training days, among other things, including possible associated costs that may arise from the use of the virtual space in the price quote.

The prerequisite for passing the training is the participation of at least 80% of the training days and the submission of independent work. For each missed module, the trainer develops additional independent work to assess the acquisition of the content of the corresponding module by the absent participant. By submitting independent work, a maximum of 20% of the training volume can be covered by the announced absences. The contracting authority issues a certificate to those who have completed the given amount of training and to others a certificate of completed modules.

The trainer allows up to two additional auditors to participate in each module, who will be issued a certificate of completion of the corresponding module.

Module I - Introduction

- Diversity of sexuality, gender, and relationships.
- Sexuality in different cultures and religions.
- Conventional and inappropriate sexual behavior, dealing with boundaries in different cultures, including in the context of Estonia.
- Noticing and becoming aware of one's own attitudes and values and their impact on the sexual counseling process.

Module II - Legal Foundations

- The border between legal and illegal sexual behavior in Estonian legal practice (practical examples based on case studies).
- Sexual crimes in Estonian legal practice (compositions of the crime, procedural process, etc.) and notification requirements.
- Distinguishing between erotica and pornography.
- Child pornography - how do perpetrators get hold of this material, and what are the actions of law enforcement agencies to prevent/detect it.
- Legal options to change behavior (e.g., probation, behavior control, etc.).

Module III - Medical treatment of sexual disorders

- Sexual orientation disorders, their diagnosis, and psychiatric drug treatment.
- Sexually deviant behavior disorders and disorders that may involve sexually deviant behavior.
- Sexual dysfunction.

Module IV - assessment and rehabilitation of sex offender behavior

- Theoretical and biological bases of sexual deviant and criminal behavior and explanatory theories.
- Recidivism risk assessment and security planning.
- Mechanisms and patterns of denial.
- Basics of rehabilitation.

Module V - sexual deviant behavior of minors and trauma experience

- Sexually deviant behavior of minors and response to it.
- Sexual abuse and trauma.

Module VI – Seminar

- Principles and methods of sexual counseling, case analysis.
- Sexual ethics and counseling ethics, case discussion.
- More typical questions that come to sexual counseling and their solution in the form of group work.

Tenderer's role and responsibilities:

- defining the precise focus of the training, topics and confirming the practical tasks in cooperation with the Contracting Authority and based on the preliminary draft of the curriculum developed by the Contracting Authority (annex 2);
- preparation of virtual training materials and their coordination with the Contracting Authority;
- Delivery of training materials to participants. The contacts (e-mail addresses) necessary to exchange information with the participants are forwarded to the Tenderer by the Contracting Authority after confirming the list of participants in the training;
- conducting training;

- in order to conduct online modules, the Tenderer creates a working video bridge connection, registers the participants, and sends the list of participants to the Contracting Authority after the end of the training day;
- in the case of classroom training days, the Tenderer sends the registration sheet with the signatures of the participants in the format provided by the Contracting Authority to the Contracting Authority in scanned form after the end of the training day (in the case of two consecutive training days, the registration sheets of two days can be delivered after the completion of the module). The bottom of the registration sheet in the appropriate form (Annex 3) is submitted together with the invitation to tender.

The Tenderer is responsible for monitoring the fulfillment of the participants' curriculum volume and submits additional supplementary work to the absent participants in direct communication with regard to the missed modules. After the end of the last module and the expiration of the deadline for possible additional work, the Tenderer provides the Contracting Authority with a list of participants who completed the training in accordance with the requirements, i.e., the Contracting Authority is provided with a report on the completion of the participants' training, in which the participant's contribution to the completion of the training is presented as a percentage.

Together with the price offer, the Tenderer submits an initial vision of the structure of the training according to the modules described above and their content.

The training takes place both online and in classrooms. Classroom training days are held in Tallinn, and suitable premises are provided by the Contracting Authority. The Contracting Authority will provide the exact location of the venue to the Tenderer electronically (via e-mail) no later than one week before the training day(s).

Volume of training: 120 academic hours, including:

volume of classroom work in academic hours: 80

volume of classroom work in academic hours: 0

volume of classroom work in academic hours: 40

Date of the training: all parts of the training must have taken place no later than 01.09.2025

Place of training: modules I, III, IV, and V in the online environment as virtual training and II and VI in Tallinn as contact training

Group size: up to 20 participants

3. Execution and handover of work

The Tenderer hands over the work to the Contracting Authority in two parts, and the handover of the work is confirmed by a handover-acceptance deed.

No advance payment is made to the Tenderer for the execution of the procurement contract. The Contracting Authority pays the Tenderer in two parts: the first payment after completing 50% of the modules and the second payment after the end of all modules, when all training activities have been completed. The payment deadline is at least 14 calendar days after receiving a proper invoice.

4. Environmentally-friendly solutions

The Tenderer must give preference to environmentally friendly solutions when fulfilling the contract:

- Refrain from printing out training materials, etc., without unavoidable need; prefer sharing materials in digital form.

- Materials transmitted in digital form must be stored and transmitted in an optimal volume to avoid unnecessarily large data files and thus reduce digital pollution.

5. Requirements for the team

The training has at least two trainers, each of whom has special knowledge of sex offenders or sexually deviant behavior and practical contact with the target group within the last five years. At least one member of the training team has experience in assembling training materials and conducting training in the last five years.

In addition, the facilitators of the following modules must meet the following requirements:

- The facilitator of Module II has in-depth knowledge of the Estonian Penal Code regarding offenses against sexual self-determination and minors and has been in the role of prosecutor, judge, defender, or case handlers in criminal proceedings for the aforementioned offenses in Estonia for the past five years.
- The facilitator of modules III, IV, and V has a higher education (master's degree or an equivalent level of education) and a minimum of 3 years of work experience with patients with sexual deviations within the last five years, including special knowledge of sexual orientation disorders and sexually deviant behavior.